

0113 2893890

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Cooking Instructions for:

The Mince Collection & Steak Collection

Supreme Yorkshire Mince

Beef Lasagne Alla Forno

Classic Beef Bolognese

Chilli con Carne

Beef Stroganoff

Beef Goulash

Beef Stifado

Boeuf Bourguignonne

Yorkshire Beef & Stout Casserole

Cooking times vary with type and make of oven - these instructions are a guide.

For best results we recommend straight from frozen in a conventional oven.

Conventional Oven:

- Pre-heat oven to 200 degree C or 392 degree F Gas mark 6.
- Remove outer film from product and place on a baking sheet
- Place in the centre of the oven for 30 minutes
- Remove from oven and stir if cooking from pre thawed the product will be ready to serve.
- If from frozen after stirring push any pieces of meat or vegetables below the surface of the sauce.
- Replace in the oven for a further 10-15 minutes.
- Ensure the dish is piping hot before serving.

Microwave Oven:

- Remove outer film from the product and place in the microwave.
- Defrost for 12 minutes at 50% power.
- Heat at full power for 2.5 minutes remove and stir.
- Heat on full power for a further 2.5 minutes.
- Allow to stand for 1 minute before serving.